

Adapted Activity 1 - Fact or Fiction
from The Council for Boys and Young Men Activity Guide
Men of Honor Set 2
Session 4



To All Our One Circle Facilitators

With these difficult times, One Circle Foundation wants to acknowledge you for the great work you continue to do with youth.

In an effort to make that a little easier for you, we are beginning to add Adapted Activities from our curricula in order for you to have the ability to hold Girls Circle and Boys Council sessions online with the youth in your programs. As you know, the creative and experiential activities presented in the Activity Guides require individuals to be in a live, in-person circle. We have begun adapting these activities so the youth can participate from the safety of their homes. These adaptations will be posted and made available to you on the One Circle Foundation website “Virtual Solutions” section, for your easy access..

Each adapted activity will note which Activity Guide they were adapted from as well as which session. We include here an outline of the six steps of the Girls Circle Model and the seven steps of The Council for Boys and Young Men Model for you to use as a guide.

PLEASE NOTE: These adaptations do NOT include the full session; only the **ACTIVITY** step is described; however, you will see in the adaptation that there is an overview of the topic and brief discussion to incorporate into your circles. The objectives of the activity align with the original intent of the session.

Girls Circle:

Opening Ritual
Theme Introduction
Check-In

Activity → ADAPTED

Sharing of Activity
Closing Ritual

The Council for Boys and Young Men:

Opening Ritual
Theme Introduction
Warm-Up

Check-in

Activity → ADAPTED

Reflection
Closing Ritual

We welcome your suggestions and feedback as well as learning of any adapted or original activities you are doing online with the youth you serve. In fact, we invite our community members to share these activities with one another in this forum as well.

We at One Circle Foundation are committed to supporting all of you as we find our new normal. Be safe and continue to reach out for support from One Circle Foundation.

Adapted Activity 1 - Fact or Fiction

from The Council for Boys and Young Men Activity Guide

Men of Honor Set 2

Session 4

Topic: Challenging Homophobia and Becoming Allies

Say:

- Homophobia is the cause of a lot of harassment and harm for LGBTQ+ youth and for youth perceived as gay. The greater the adherence to the Man Box rules, the greater the harassment of LGBTQ+ youth.
- No matter our gender identity or sexual orientation, our purpose here in our Council is to develop ourselves as respectful allies and nonviolent leaders.
- Ask the group to write in **Chat** some of the **Man Box Rules** they remember. Read some of the responses and thank the youth.

Objectives:

- To help members understand their responsibility to each other, their community, and to the LGBTQ+ community.
- To identify some good ways an ally can stand with LGBTQ+ youth literally or in social media.

Key Learning Points:

- Many boys and young men feel like they have to walk alone. Many of the participants may have lived under this assumption throughout their lives.
- There are many stereotypes, these can harm others.
- Boys and young men can be respectful and allies.

Procedure to Lead Activities:

1. Let the youth know that you will read a number of statements. After each statement, they will each decide if the statement is **FACT** , **FICTION**, or if they are **UNSURE** . Once they decide they will each type in **CHAT** what they decided based on what demonstrates their own observations and experience.
[If youth have more energy, an alternative way for them to show responses is to ask them to
 - **STAND for FACT**
 - **COVER THEIR FACES** with their hands for **FICTION**
 - **MOVE SIDE TO SIDE IN THEIR SEATS IF UNSURE]**
2. Remind everyone that we are not judging one another here and to show respect to all.
3. Read the following statements one -at-a-time and pause after each statement so the young men can think about the statement and type their responses.
4. Allow the group to take a look at each other's responses after each question.

Statements

- ★ Lesbian, Gay, Bisexual and Transgender kids get bullied at my school or on social media for who they are or perceived to be.
- ★ Kids being called gay, or a person saying “ Thats so gay” happens most days at school or in the neighborhood.
- ★ Being gay, “bi”, or “trans” is outside the Man Box.
- ★ I accept that some kids are gay, bisexual or transgender. It’s no big deal to me.
- ★ I’ve heard verbal jokes or gestures or seen people harassed for being gay, bi, or trans.
- ★ I’ve made verbal jokes or gestures at someone I think is LGBT, or I’ve laughed along.
- ★ I’ve been mocked or harassed by people who’ve called me gay.
- ★ Some kids don’t stand up and tell their friends to stop mocking or harassing because they might get called gay.

- ★ Being an LGBT person, or being perceived as LGBT, gives kids social status, power and privilege.
- ★ Someone I know or care about is gay, bi, or trans.

Reflection Questions:

- ❖ How was this activity ? *Give the members a few moments to respond.*
- ❖ What thoughts occurred to you ? *Give the members a few moments to respond.*
- ❖ What was it like to view others peoples responses ? *Give the members a few moments to respond.*
- ❖ What thoughts or emotions might LGBT kids have about being in hostile environments ? *Give the members a few moments to respond.*
- ❖ What does the Man Box say about LGBT youth ? *Give the members a few moments to respond.*
- ❖ How does the Man Box Rules about LGBT youth affect straight young men ? Your community ? *Give the members a few moments to respond.*
- ❖ What difference does it make to a person who identifies as LGBTQ+ when someone stands with them as an ally?

Summarize:

Summarize key points that members of the Council have shared, use affirmations and reflective statements, and make remarks to connect them to one another through this shared experience. Reflect what THEY said and affirm.

Application Question:

Ask:

As far as homophobia and LGBT youth are concerned, what is one Man Box Rule that you want to reject and one Man of Honor Rule you want to choose to follow in the coming week?