

DEVELOP NEW DEFINITIONS OF MANHOOD FOR BOYS & YOUNG MEN

THE COUNCIL FOR BOYS AND YOUNG MEN® FACILITATOR TRAINING JULY 23-25, 2024 ONLINE



Promoting Strengths, Community & Responsibility.

The Council for Boys and Young Men® is a strengths-based group model for boys and those who identify with male adolescent development that addresses risk factors and empowers them to find belonging, build assets, and deconstruct harmful masculinity beliefs on their journey toward becoming respectful leaders and connected allies in their community.

STUDIES SHOW SIGNIFICANT INCREASES IN SCHOOL ENGAGEMENT AND POSITIVE IMPACTS ON MASCULINITY BELIEFS. THE CENTER FOR DISEASE CONTROL (CDC) IS NOW FUNDING A 4-YEAR STUDY ON BOYS COUNCIL AIMED AT PREVENTING VIOLENCE.

A Workshop for Adults Across All Sectors including Education, Community Based Programs, Juvenile Justice, Mental and Behavioral Health, Child Welfare, Substance Abuse and Gang Prevention Programs, Faith Based Settings, and more

Training Outline: Theoretical Foundation, The Council Model, Role of the Facilitator, Council Agreements, Responding to Challenging Behaviors, Research, Effective Facilitation Skills, Experiential Model: Purposeful Activities & Reflection, Enhancing Critical Thinking and Healthy Decision Making

Credits Offered: Program approved by the National Assoc. of Social Workers, Prov. No. 886445495, Approval No. 886445495-4488: 12.5 Hrs. | One Circle Foundation is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and/or LEPs, Approved Provider #132313: 13 CE's | One Circle Foundation maintains responsibility for this program/course and content.

Ask about our free Grant Writer's Template to help you secure funding for these highly effective programs.

LOCATION: Zoom Online Meeting
(Link Provided After Registration)

TIME: Day 1: 8am - 1pm PDT
Day 2: 8:30am - 1pm PDT
Day 3: 8:30am - 1pm PDT

HOSTED BY: One Circle Foundation

COST: \$449

Registration includes Facilitator Manual and handouts. Attendance required each day and a certificate is awarded by email upon completion, once verified, within two business days. Attendees will receive a coupon at the training for 15% off curricula, valid for 30 days beginning Day 3. Not redeemable with previous purchases. For a scholarship application, see: www.onecirclefoundation.org/scholarship

For the course outline visit the training page of our website:
www.onecirclefoundation.org/the-council-training

For information on our instructors, visit:
www.onecirclefoundation.org/instructors

For full training policies, accreditation, cancellations, and disability accommodations visit our website:
www.onecirclefoundation.org/accreditation

For addressing grievances, please write to:
info@onecirclefoundation.org

REGISTER AT WWW.ONECIRCLEFOUNDATION.ORG OR CALL (415) 419-5119



One Circle Foundation is a San Francisco Bay Area nonprofit organization which promotes resiliency and healthy development in youth, adults, and communities. We train, consult, and equip service providers across all youth sectors locally and internationally with research-based circle program models, best practice approaches, and manual-guided curricula. Girls Circle®, The Council for Boys and Young Men®, Unity Circle™, and Women's Circle® integrate evidenced-based practices with cross-cultural traditions and caring relationships. **Read more on our Models & Research at www.OneCircleFoundation.org.**



LEARNING OBJECTIVES AND SCHEDULE

DAY 1 | 8:00AM – 1:00PM

ON DAY ONE, PARTICIPANTS WILL BE ABLE TO:

- Name the central component of the theoretical foundation of The Council
- Describe two risk behaviors associated with rigid masculinity beliefs
- List two strengths-based facilitation practices
- List the 7 steps of The Council for Boys and Young Men® format
- Describe two characteristics of the adolescent brain

8:00am–8:30am.....	ONLINE PLATFORM ORIENTATION
8:30am–9:10am.....	OPENING, ICEBREAKER, COMMUNITY AGREEMENTS
9:10am	break [5 mins]
9:15am–10:55am.....	THEORETICAL FOUNDATION, MASCULINITY AND GENDER NORMS
10:55am	break [5 mins]
11:00am–12:40pm.....	THE COUNCIL FOR BOYS AND YOUNG MEN® SEVEN STEP MODEL
12:40pm–1:00pm.....	DEBRIEF, SUMMARY, CLOSING

DAY 2 | 8:30AM – 1:00PM

ON DAY TWO, PARTICIPANTS WILL BE ABLE TO:

- Make a strengths-based statement in response to a challenging behavior
- Describe a motivational interviewing practice for use in groups

8:30am–9:10am.....	OPENING, REVIEW, Q/A, GROUP ACTIVITY
9:10am–9:35am.....	AGREEMENTS & STRENGTHS-BASED APPROACH
9:35am	break [5 mins]
9:40am–11:00am.....	MANAGING CHALLENGING GROUP DYNAMICS
11:00am–11:30am.....	ROLE OF THE FACILITATOR
11:30am	break [5 mins]
11:35am–12:05pm.....	EFFECTIVE FACILITATION SKILLS
12:05am–12:50pm.....	EXPERIENTIAL MODEL
12:50am–1:00pm.....	SUMMARY, Q/A, CLOSING

DAY 3 | 8:30AM – 1:00PM

ON DAY THREE, PARTICIPANTS WILL BE ABLE TO:

- Name at least two phases of the Experiential Model
- Describe how cultural identity activities promote healthy development for youth
- Name the two components of an application question

8:30am–8:55am.....	OPENING, REVIEW, RESEARCH
8:55am–9:20am.....	GROUP CHALLENGE ACTIVITY – EXPERIENTIAL MODEL
9:20am–9:50am.....	REVIEW & PREPARATION TO LEAD ACTIVITIES
9:50am	break [5 mins]
9:55am–10:00am.....	INSTRUCTIONS
10:00am–11:35am.....	PRACTICUM ROUNDS 1, 2, 3
11:35am	break [5 mins]
11:40am–12:40pm.....	PRACTICUM ROUNDS 4, 5
12:40pm–1:00pm.....	DEBRIEF, Q/A, CLOSING, EVALUATIONS

TRAINING DATE _____ LOCATION _____

TRAINING (circle one): GIRLS CIRCLE • THE COUNCIL FOR BOYS & YOUNG MEN • MGRB-IA • MOTHER-DAUGHTER CIRCLE

NAME _____ TITLE _____

LICENSE TYPE (circle one): NONE • LCSW • LEP • LMFT • LPCC • PSYCHOLOGIST • OTHER _____

LICENSE # _____

EMAIL _____ PHONE _____

ORGANIZATION _____

ADDRESS _____

CITY _____ STATE/PROV. _____ ZIP/PC _____ COUNTRY _____

SECTOR (circle one): CHILD WELFARE • C.B.O. • EDUCATION • GOVERNMENT / POLICY • JUVENILE JUSTICE • PUBLIC / MENTAL HEALTH • TRIBAL PROGRAMS • OTHER _____

REGISTRATION FEES – ATTENDANCE REQUIRED ALL DAYS	QUANTITY	TOTAL
\$449		
CURRICULA ORDERING (Optional, http://onecirclefoundation.org/curricula)		
1.		
2.		
3.		
		TAX:
(Cost of shipping varies, call for rates. Ships typically within 2 business days of receiving payment or purchase order.)		SHIPPING:
		GRAND TOTAL:

PAYMENT METHOD: Check# _____ P.O.# _____ Credit Card Type (all accepted) _____

CREDIT CARD# _____ - _____ - _____ - _____ EXP: ____/____ CVS#: _____

BILLING NAME (if different): _____

BILLING ADDRESS (if different): _____

SIGNATURE: X _____

SEND REGISTRATION FORM AND FEES PAYABLE TO:

ONE CIRCLE FOUNDATION | 734 A STREET, SAN RAFAEL, CA 94901

EMAIL: INFO@ONECIRCLEFOUNDATION.ORG | CALL: (415) 419-5119

PURCHASE ORDER MUST BE SENT WITH REGISTRATION FORM. Registration and payment must be received by two weeks before the training event. A \$50 administrative fee will be charged for rescheduling within two weeks of training. Rescheduling can only be accommodated one time as a courtesy. We cannot offer refunds within (two) weeks of the training and appreciate your understanding. No shows do not qualify to be rescheduled or refunded. For more information visit www.OneCircleFoundation.org.



THE COUNCIL FOR BOYS AND YOUNG MEN® CURRICULA

The Council Facilitator Activity Guides are fully developed curricula to engage, challenge, celebrate, develop, and unite boys. The user-friendly guides contain step-by-step instructions on leading discussions, teambuilding, and creative activities. Simply gather your materials and begin. Easily adaptable to your own unique setting. www.OneCircleFoundation.org | (415) 419-5119



GROWING HEALTHY, GOING STRONG

10 SESSIONS, Ages 9-14. Boys will have fun identifying social-emotional messages, experiences, and attitudes for growing up male in our culture. Competition, bullying, male and female role expectations, self confidence, and teamwork are highlighted through games and team challenges. \$147



STANDING TOGETHER: A JOURNEY INTO RESPECT

10 SESSIONS, Ages 9-14. Provides engaging ways to address common themes which pre-teens and early adolescents encounter, including breaking down social-cultural barriers, motives and actions around put-downs, defining male power, and standing up for each other. \$147



LIVING A LEGACY: A RITE OF PASSAGE

10 SESSIONS, Ages 14-18. Young men gain skills and knowledge to navigate growing up male in today's society through the introduction of topics and experiential activities that address a myriad of relevant challenges – safely, powerfully, and within a spirit of “council” connection. \$147



JOURNEY OF THE GREAT WARRIOR: EMPOWERING MINORITY AND DISENFRANCHISED YOUTH

18 SESSIONS, Ages 13-18. (Prerequisite: Living a Legacy.) Recognizes assets and barriers of marginalized youth. Using creative challenges, personal narratives, and the restorative environment of nature, it builds upon individual, collective and cultural assets. \$221



MEN OF HONOR: BECOMING RESPECTFUL, NONVIOLENT LEADERS (SETS 1 & 2)

10 SESSIONS EACH, Ages 13+. In this groundbreaking and trauma responsive two-set curriculum, young men examine harmful gender norms and develop definitions of manhood. Fun and thought-provoking. \$368 for both or individually for \$184 each.



BROTHERS AS ALLIES

10 SESSIONS, Ages 11-14. Addresses gender roles and expectations, self-expression, healthy masculinity, respect for differences, positive ethnic identity, communication, empathy, and becoming allies. Originally created as part of a 4-year study funded by the CDC, it is a compilation of sessions from other guides aimed at preventing violence. \$147



SEX IN THE DIGITAL AGE: A GUIDE TO TALKING WITH TEENS ABOUT PORNOGRAPHY AND SEXTING

6 SESSIONS, Ages 11-18. Harnesses the relational strengths of youth to effectively explore the complex intersecting topics of technology, sexuality, and relationships. Not intended as a stand-alone program, this guide fits seamlessly with your existing sex education and media literacy offerings. \$90



ALL TOGETHER RISING: SESSIONS FOR YOUTH IN ADVERSITY

10 SESSIONS, Ages 12-18. Designed as trauma-responsive supplemental sessions, topics were requested by certified facilitators to respond to needs and harness strengths of youth and include teen depression, community violence, housing insecurity, teen suicide and more. \$147



THE COUNCIL COMPLETE SET

For Ages 9-18. Includes nine curricula plus The Council Facilitator Manual. Well-suited in all settings where boys live and gather: schools, juvenile justice settings, foster care services, mentoring projects, faith organizations, outdoor and adventure learning, camps, and mental health programs.

THE COUNCIL FACILITATOR MANUAL Outlines all a facilitator needs to implement the strengths-based Council program and prepares agencies and individuals to offer boys a solid pathway toward healthy masculine identity development and encourages solidarity through personal and collective responsibility. \$104