

PROFESSIONAL TRAINING FOR YOUTH SERVICE SETTINGS

SAFE SPACES TRAINING: BEST PRACTICES FOR POSITIVE YOUTH OUTCOMES

APRIL 21-22, 2026 ONLINE



This training builds participant knowledge and practical understanding of how social messages, assumptions, and widely held narratives shape young people's experiences of safety, belonging, opportunity, and well-being. Participants examine how personal and cultural beliefs influence professional relationships, service delivery, and youth outcomes, and practice developmentally appropriate, relationship-centered strategies that strengthen trust, engagement, and positive youth experiences.

TRAINING CONTENT INTEGRATES CURRENT RESEARCH, DATA, YOUTH PERSPECTIVES, AND EVIDENCE-BASED YOUTH DEVELOPMENT APPROACHES.

Through interactive activities and real-world examples, participants strengthen professional accountability and reflective practice while learning to implement thoughtful and intentional approaches that enhance organizational culture, youth education and services, and desired outcomes. It supports all youth development programs, including One Circle Foundation's (OCF) program models – Unity Circle®, Girls Circle®, and The Council for Boys and Young Men®.

A Workshop for Adults Serving Youth Across All Sectors including Education, Community Based Programs, Juvenile Justice, Mental Health, Child Services, Violence Prevention, Substance Abuse, Public Health, Faith Based Settings, and more

Course Outline: Assumptions & Decision-Making in Practice; Decision-Making in School Settings; Examining Common Narratives; Understanding Youth Experiences Across Life Factors; Bullying, Stress, and Youth Well-Being; ACEs, Trauma & Barriers to Healthy Youth Development; Risk Factors & Youth System Pathways; Decision-Making in Juvenile Justice; Supportive & Trauma Responsive Professional Practices; Action Planning: Creating Fair and Effective Practices

Credits Offered: *Pending approval* by the National Assoc. of Social Workers | One Circle Foundation is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and/or LEPs, One Circle Foundation maintains responsibility for this program/course and its content. Approved Provider #132313: 7.5 CE's. Course meets the qualifications for 7.5 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences.

LOCATION: Zoom Online Meeting (Link Provided After Registration)

TIME: Day 1: 8:00am - 12:30pm PDT
Day 2: 8:00am - 12:00pm PDT

HOSTED BY:
ONE CIRCLE FOUNDATION

COST: \$299 by March 24th, \$350 after March 24th

Handouts will be emailed to registrant prior to Day 1. Attendance required both days and a certificate is awarded by email upon completion once verified. Attendees will receive a coupon at the training for 15% off curricula, valid for 30 days beginning on Day 2. Not redeemable with previous purchases.

For a scholarship application, see:
www.onecirclefoundation.org/scholarships

For the course outline visit the training page of our website:
www.onecirclefoundation.org/safe-spaces-course

For information on our instructors, visit:
www.onecirclefoundation.org/instructors

For full training policies, accreditation, cancellations, and disability accommodations visit our website:
www.onecirclefoundation.org/accreditation

For addressing grievances, please write to:
info@onecirclefoundation.org

REGISTER AT WWW.ONECIRCLEFOUNDATION.ORG OR CALL (415) 419-5119



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LEARNING OBJECTIVES & SCHEDULE

LEARNING OBJECTIVES

AS A RESULT OF THIS COURSE, PARTICIPANTS WILL BE ABLE TO:

- **Describe** the relational-cultural framework that guides One Circle Foundation's program models and best practices.
- **Define** key concepts related to professional awareness and action for positive youth outcomes, including unexamined assumptions, biases and perceptions, and welcoming, developmentally appropriate and youth-centered best practices.
- **Explain** how different social, cultural, and historical experiences influence access to resources and opportunities, expectations, and experiences of youth with varied identities.
- **List** two ways in which adverse child experiences and multiple life factors impact the relationships, life trajectories and opportunities of young people.
- **Analyze** how unexamined or entrenched assumptions and narratives shape professional culture and impede positive youth outcomes.
- **Apply** one or more consistent evidence-based, age-appropriate strategies to program design, communication, engagement, and youth support.
- **Identify and practice** two or more relationship-centered approaches that maximize trust, connection, and meaningful youth engagement.
- **Develop** two or more actionable goals to strengthen professional awareness and accountability, fairness, and supportive practices in working with youth.
- **Demonstrate** two or more strategies that promote safety, respect, and belonging for all youth and staff

SAFE SPACES TRAINING DATE _____ LOCATION _____

NAME _____ TITLE _____

LICENSE TYPE (circle one): NONE • LCSW • LEP • LMFT • LPCC • PSYCHOLOGIST • OTHER _____

LICENSE # _____

EMAIL _____ PHONE _____

ORGANIZATION _____

ADDRESS _____

CITY _____ STATE/PROV. _____ ZIP/PC _____ COUNTRY _____

SECTOR (circle one): CHILD WELFARE • C.B.O. • EDUCATION • GOVERNMENT / POLICY • JUVENILE JUSTICE
• PUBLIC / MENTAL HEALTH • TRIBAL PROGRAMS • OTHER _____

| REGISTRATION FEES – ATTENDANCE REQUIRED ALL DAYS | QUANTITY | TOTAL |
|--|----------|--------------|
| \$299 Early Bird Price, \$350 Standard Price | | |
| CURRICULA ORDERING (Optional, http://onecirclefoundation.org/curricula) | | |
| 1. | | |
| 2. | | |
| 3. | | |
| (Cost varies, call for rates. Ships typically within 2 business days of receiving payment or purchase order.) | | |
| | | TAX: |
| | | SHIPPING: |
| | | GRAND TOTAL: |

PAYMENT METHOD: Check# _____ P.O.# _____ Credit Card Type (all accepted) _____

CREDIT CARD# _____ - _____ - _____ - _____ EXP: ____ / ____ CVS#: _____

BILLING NAME (if different): _____

BILLING ADDRESS (if different): _____

SIGNATURE: X _____

SEND REGISTRATION FORM AND FEES PAYABLE TO:

ONE CIRCLE FOUNDATION | 734 A STREET, SAN RAFAEL, CA 94901

EMAIL: INFO@ONECIRCLEFOUNDATION.ORG | CALL: (415) 419-5119

PURCHASE ORDER MUST BE SENT WITH REGISTRATION FORM. Registration and payment must be received by two weeks before the training event. A \$50 administrative fee will be charged for rescheduling within two weeks of training. Rescheduling can only be accommodated one time as a courtesy. We cannot offer refunds within (two) weeks of the training and appreciate your understanding. No shows do not qualify to be rescheduled or refunded. For more information visit www.OneCircleFoundation.org.