

LEVEL UP YOUR FACILITATION SKILLS

ADVANCED FACILITATION SKILLS TRAINING
JULY 29-30, 2026 ONLINE



Connect, Lead, and Grow. This training was created exclusively for facilitators who have already completed the Girls Circle® or The Council for Boys and Young Men® Facilitator Training—and are ready to deepen their skills, sharpen their instincts, and grow into the next level of their practice.

Participants experience hands-on learning, live practicum exercises, and develop a personalized action plan to guide their

continued growth and effectiveness in engaging youth and facilitating emotionally safe and supportive Circles. This training offers powerful, research-based tools to help you:

- Engage youth meaningfully in the age of digital distraction
- Navigate tough group dynamics with intention and confidence
- Stay grounded and responsive during moments of conflict
- Lead from a place of strength, empathy, and relational power

UPON COMPLETION, PARTICIPANTS WILL HAVE DEVELOPED PERSONALIZED, ACTIONABLE STEPS TO APPLY IMMEDIATELY IN THEIR CIRCLES.

Live Online Training Outline: Understanding Youth Engagement in a Digital World, Facilitator Self-Awareness & Responsiveness, Managing Challenging Group Dynamics, Applied Practice of Facilitation Skills, Relational Responses to Conflict, and Creating a Personal Action Plan.

Credits Offered: Program approved by the National Assoc. of Social Workers, Prov. No. 886445495, Approval No. 886445495-8317: 5 Hrs. | One Circle Foundation is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and/or LEPs, Approved Provider #132313: 5 CE's | One Circle Foundation maintains responsibility for this program/course & its content.

Ask about our free Grant Writer's Template to help you secure funding for these highly effective programs.

LOCATION: Zoom Online Meeting
(Link Provided After Registration)

TIME: DAY 1: 8am - 12:30pm PST
DAY 2: 8am - 12pm PST

HOSTED BY: One Circle Foundation

COST: \$350 by July 8th, \$400 after July 8th

Mandatory Prerequisite: Completion of the Girls Circle® or The Council for Boys and Young Men® Facilitator Training. Attendance required each day and a certificate is awarded by email upon completion, once verified, within two business days. Attendees will receive a coupon at the training for 15% off curricula, valid for 30 days beginning Day 2. Not redeemable with previous purchases. For a scholarship application, see: www.onecirclefoundation.org/scholarships

For the course outline visit the training page of our website:
www.onecirclefoundation.org/advanced-training

For information on our instructors, visit:
www.onecirclefoundation.org/instructors

For full training policies, cancellations, and disability accommodations visit our website:
www.onecirclefoundation.org/accreditation

For addressing grievances, please write to:
info@onecirclefoundation.org

REGISTER AT WWW.ONECIRCLEFOUNDATION.ORG OR CALL (415) 419-5119



One Circle Foundation is a San Francisco Bay Area nonprofit organization which promotes resiliency and healthy development in youth, adults, and communities. We train, consult, and equip service providers across all youth sectors locally and internationally with research-based circle program models, best practice approaches, and manual-guided curricula. Girls Circle®, The Council for Boys and Young Men®, Unity Circle®, and Women's Circle® integrate evidenced-based practices with cross-cultural traditions and caring relationships. **Read more on our Models & Research at www.OneCircleFoundation.org.**



ADVANCED FACILITATION SKILLS TRAINING LIVE ONLINE

AGENDA & LEARNING OBJECTIVES

DAY 1 | 8:00AM – 12:30PM

ON DAY ONE, PARTICIPANTS WILL BE ABLE TO:

- Identify two ways social media impacts youth attention and focus, and implement two techniques to reduce barriers to face-to-face interaction
- Apply two strategies to maintain engagement and connection in Circle using mindfulness and strengths-based approaches
- Name three common trauma-related youth responses to adults, recognize one personal facilitator trigger, and demonstrate one effective trauma-informed response
- Identify and explain two common challenges that occur at two different stages of group formation

8:00am–8:25am..... WELCOME, LOGISTICS, ZOOM OVERVIEW, CREATING VIRTUAL TRAINING NORMS, ICEBREAKER

8:25am–8:40am..... PRE-TEST POLL: ASSESS CURRENT FACILITATION KNOWLEDGE AND SKILL LEVEL

8:40am break [10 mins]

8:50am–10:00am..... GUIDED INSTRUCTION, DISCUSSION, VIDEO ANALYSIS, AND GROUP ACTIVITIES ON TECHNOLOGY'S IMPACT ON YOUTH ATTENTION, CONNECTION, AND ENGAGEMENT STRATEGIES

10:00am break [10 mins]

10:10am–11:10am.... INSTRUCTION ON POWER, TRAUMA, FACILITATION TRIGGERS, WITH GUIDED PRACTICE SCENARIOS, DEBRIEF, AND REFLECTION

11:10am break [10 mins]

11:20am–12:10pm.... INSTRUCTION ON STAGES OF GROUP DEVELOPMENT: GROUP NAMING, DILEMMA \ RESPONSE, AGREEMENT CREATION, PROBLEM-SOLVING, REFLECTIVE CLOSURE

12:10pm break [10 mins]

12:20pm–12:25pm.... GUIDED REFLECTION TO IDENTIFY AND DISCUSS KEY TAKEAWAYS AND SET GOALS FOR DAY TWO

12:25pm–12:30pm.... SUMMARY AND CLOSING OF DAY ONE

DAY 2 | 8:00AM – 12:00PM

ON DAY TWO, PARTICIPANTS WILL BE ABLE TO:

- Practice two facilitation approaches for responding to in-the-moment challenges, and use two skills to avoid shaming, judging, lecturing, advice-giving, or engaging in power struggles
- Develop a written action plan with at least two specific goals and corresponding actions for applying newly acquired youth engagement strategies

8:00am–8:15am..... WELCOME, AGENDA REVIEW, BREAKOUT CHECK-IN

8:15am–8:25am..... INSTRUCTIONS FOR PREP TIME

8:25am–8:45am..... PREP TIME: COMPLETE ACTION MAPS FOR CHALLENGING GROUP DYNAMICS

8:45am–8:55am..... BREAKOUT ROOMS: DISCUSS GROUP DYNAMICS STAGE, ASSIGN YOUTH ROLES, PLAN ROLE PLAY ROTATION

8:55am break [10 mins]

9:05am–10:05am..... ROUND #1 INTENSIVE PRACTICUM: RESPONDING TO CHALLENGING BEHAVIORS WITH LIVE ROLE PLAY, FACILITATED DEBRIEF, AND GROUP DYNAMIC ANALYSIS

10:05am break [10 mins]

10:15am–11:05am.... ROUND #2 INTENSIVE PRACTICUM: CONTINUED ROLE PLAY AND DEBRIEF FOCUSING ON A DIFFERENT CHALLENGING GROUP DYNAMIC

11:05am break [10 mins]

11:15am–11:35am.... FACILITATOR MOVES IN ACTION: INTERACTIVE ZOOM WHITEBOARD ACTIVITY TO REFLECT, SHARE, AND MAP KEY FACILITATION MOVES

11:35am–12:00pm.... FINAL REFLECTIONS, EVALUATIONS, CLOSING OF DAY TWO

ADVANCED TRAINING DATE _____ LOCATION _____

NAME _____ TITLE _____

LICENSE TYPE (circle one): NONE • LCSW • LEP • LMFT • LPCC • PSYCHOLOGIST • OTHER _____

LICENSE # _____

EMAIL _____ PHONE _____

ORGANIZATION _____

ADDRESS _____

CITY _____ STATE/PROV. _____ ZIP/PC _____ COUNTRY _____

SECTOR (circle one): CHILD WELFARE • C.B.O. • EDUCATION • GOVERNMENT / POLICY • JUVENILE JUSTICE
• PUBLIC / MENTAL HEALTH • TRIBAL PROGRAMS • OTHER _____

REGISTRATION FEES – ATTENDANCE REQUIRED ALL DAYS	QUANTITY	TOTAL
\$350 Early Bird Price, \$400 Standard Price		
CURRICULA ORDERING (Optional, http://onecirclefoundation.org/curricula)		
1.		
2.		
3.		
(Cost varies, call for rates. Ships typically within 2 business days of receiving payment or purchase order.)	TAX:	
	SHIPPING:	
	GRAND TOTAL:	

PAYMENT METHOD: Check# _____ P.O.# _____ Credit Card Type (all accepted) _____

CREDIT CARD# _____ - _____ - _____ - _____ EXP: ____ / ____ CVS#: _____

BILLING NAME (if different): _____

BILLING ADDRESS (if different): _____

SIGNATURE: X _____

SEND REGISTRATION FORM AND FEES PAYABLE TO:

ONE CIRCLE FOUNDATION | 734 A STREET, SAN RAFAEL, CA 94901

EMAIL: INFO@ONECIRCLEFOUNDATION.ORG | CALL: (415) 419-5119

PURCHASE ORDER MUST BE SENT WITH REGISTRATION FORM. Registration and payment must be received by two weeks before the training event. A \$50 administrative fee will be charged for rescheduling within two weeks of training. Rescheduling can only be accommodated one time as a courtesy. We cannot offer refunds within (two) weeks of the training and appreciate your understanding. No shows do not qualify to be rescheduled or refunded. For more information visit www.OneCircleFoundation.org.