

# IMPLEMENT AN EVIDENCE-BASED PROGRAM FOR GIRLS

## GIRLS CIRCLE FACILITATOR TRAINING

JUNE 17-18, 2019 PHILADELPHIA, PA



**Promoting Strengths and Resiliency in Girls and Young Women.** The Girls Circle® model is designed in the evidence-based principles of motivational interviewing and strengths based approaches, is trauma responsive, culturally responsive, gender transformative, and utilizes restorative practices.

**GIRLS CIRCLE® IS THE FIRST PROGRAM IN THE NATION PROVEN TO REDUCE DELINQUENCY FOR GIRLS, NOW LISTED ON SAMHSA'S NATIONAL REGISTRY FOR EVIDENCE-BASED PROGRAMS AND PRACTICES.**

**A Workshop for Adults Across All Sectors** including Education, Community Based Programs, Juvenile Justice, Mental and Behavioral Health, Child Welfare, Substance Abuse and Gang Prevention Programs, Faith Based Settings, and more

**Training Outline:** Day One: Theoretical Framework, The Six Step Circle Format, Creating Trust, Bonding & Cohesion, Handling Challenging Group Dynamics. Day Two: Primary Role of the Facilitator, Research, Effective Facilitation Skills, Enhancing Critical Thinking and Healthy Decision Making

**Credits Offered:** 13 CE Hrs. Approved provider by NASW; OH-CSWMFT Board; CA-STC for Corrections, Approved provider by CAMFT, Provider #132313. This course qualifies for 13 CE hours for LMFT's, LCSW's, LPCC's, and LEP's by the CA BBS; 1 College Credit. One Circle Foundation maintains responsibility for this program/course and its content.

**Ask about our free Grant Writer's Template to help you secure funding for these highly effective programs.**

**LOCATION:** Temple University  
Student Faculty Center  
340 N. Broad Street  
Philadelphia, PA 19140

**TIME:** 8am\*- 4:30pm, both days

**HOSTED BY:**



**COST:** \$370 by May 20th, \$420 after May 20th

*\*Registration begins at 8am, training starts at 8:30am.*

Registration includes Facilitator Manual and continental breakfast. Attendance required on both days and a certificate is awarded upon completion on the last day of training. Attendees will receive a coupon at the training for 15% off curricula, valid for 30 days beginning on Day Two. Not redeemable with previous purchases. Scholarship application available on the training page at [OneCircleFoundation.org](http://OneCircleFoundation.org).

REGISTER AT [WWW.ONECIRCLEFOUNDATION.ORG](http://WWW.ONECIRCLEFOUNDATION.ORG) OR CALL (415) 419-5119



For the course outline and complete list of educational objectives, visit: [www.onecirclefoundation.org/docs/CO\\_GCFT.pdf](http://www.onecirclefoundation.org/docs/CO_GCFT.pdf). (Credits are not offered for the lunch hour on both days.) For information on our instructors, visit [onecirclefoundation.org/trainers.aspx](http://onecirclefoundation.org/trainers.aspx). For full training policies, accreditation, and accommodations for special needs visit our website: [www.onecirclefoundation.org](http://www.onecirclefoundation.org). For addressing grievances, please write [info@onecirclefoundation.org](mailto:info@onecirclefoundation.org).

TRAINING DATE \_\_\_\_\_ LOCATION \_\_\_\_\_

TRAINING MODEL (GIRLS CIRCLE / THE COUNCIL / ADVANCED) \_\_\_\_\_

NAME \_\_\_\_\_ TITLE \_\_\_\_\_

ORGANIZATION \_\_\_\_\_

TYPE OF PROGRAM (i.e. SCHOOL, JUVENILE JUSTICE, etc.) \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE/PROV. \_\_\_\_\_ ZIP/PC \_\_\_\_\_ COUNTRY \_\_\_\_\_

DAYTIME PHONE \_\_\_\_\_ CELL PHONE \_\_\_\_\_

EMAIL \_\_\_\_\_

HOW DID YOU HEAR ABOUT US? \_\_\_\_\_

REGISTRATION FEES – ATTENDANCE REQUIRED BOTH DAYS	QUANTITY	TOTAL
\$370 per Participant 30 days prior to training, \$420 within 30 days of training date.		
<b>CURRICULA ORDERING</b> (Optional, See Next Page for Information)		
1.		
2.		
3.		
(Tax only applies to curricula shipped to California. Rate: 8.5%) <b>TAX:</b>		
(The cost of shipping curricula varies, call for rates. Ships within 48 hours of receiving payment or purchase order.) <b>SHIPPING:</b>		
<b>GRAND TOTAL:</b>		

**PAYMENT METHOD:** Check# \_\_\_\_\_ P.O.# \_\_\_\_\_ Credit Card Type (all accepted) \_\_\_\_\_

**CREDIT CARD#** \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ **EXP:** \_\_\_\_/\_\_\_\_ **CVS#:** \_\_\_\_\_

**BILLING ADDRESS** (if different): \_\_\_\_\_

**SIGNATURE:** X \_\_\_\_\_

SEND REGISTRATION FORM AND FEES PAYABLE TO:  
**ONE CIRCLE FOUNDATION | 734 A STREET, SAN RAFAEL, CA 94901**  
 FAX: (415) 448-5459 | EMAIL: [INFO@ONECIRCLEFOUNDATION.ORG](mailto:INFO@ONECIRCLEFOUNDATION.ORG) | CALL: (415) 419-5119

PURCHASE ORDER MUST BE SENT WITH REGISTRATION FORM. Registration and payment must be received by two weeks before the training. A \$50 administrative fee will be charged for cancellations within two weeks of training. No refunds within one week of the training. For more information visit [www.OneCircleFoundation.org](http://www.OneCircleFoundation.org).



# GIRLS CIRCLE CURRICULA

These curriculum provide facilitators with everything they need to run a strengths-based program for girls and create a safe space to address risky behaviors, build on protective factors, and improve relationships. The user-friendly guides contain step-by-step instructions on leading discussions, teambuilding, and creative activities. Simply gather your materials and begin. Easily adaptable to your own unique setting. [www.OneCircleFoundation.org](http://www.OneCircleFoundation.org) | (415) 419-5119 | Fax: (415) 448-5459



## BODY IMAGE

8 SESSIONS, Ages 12+. Examines cultural messages and personal beliefs that influence body image. Raises awareness, and explores underlying causes of poor body image. \$116



## MY FAMILY, MY SELF

8 SESSIONS, Ages 12-18. Examines development within a family and offers the chance to acknowledge the many gifts and challenges of growing up within the family unit. \$116



## MIND, BODY, SPIRIT

12 SESSIONS, Ages 12-16. Promotes resistance skills to high-risk behaviors by addressing drug use and healthy sexuality. \$168  
**MENTE, CUERPO Y ESPÍRITU  
GUIA PARA LATINAS** - In English & Spanish! \$200



## WHO I AM

8 SESSIONS, Ages 14-18. Examines identity, assertiveness, and goal setting through role-play, mandala making, music, and more. Very well received by high school girls. \$116



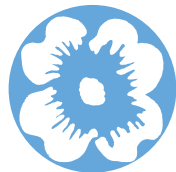
## RELATIONSHIPS WITH PEERS

10 SESSIONS, Ages 13-18. Enhances awareness of relationships. Themes include "Expressing Myself," "Romantic Relationships," & "Girlfights or Girlfriends." \$147



## EXPRESSING MY INDIVIDUALITY

8 SESSIONS, Ages 11-15. Celebrates individuality, diversity, getting along with others, and addresses goals, conflict styles, individual wellness, and taking time to relax. \$116



## BEING A GIRL

8 SESSIONS, Ages 11-13. Introduces the positive experience of a support circle addressing topics such as "Growing Up Female," "Growth and Self-Care," & "Female Role Models." Great for middle-school girls. \$116



## PATHS TO THE FUTURE

12 SESSIONS, Ages 12+. For at-risk or court-involved girls. Examines beliefs and actions about trust, authority figures, sexuality, dating violence, HIV, drug abuse, stress and goal-setting. \$168



## FRIENDSHIP

8 SESSIONS, Ages 9-14. Groundbreaking guide that shores girls up with strong interpersonal skills, addresses exclusion and feuding and knocks down barriers to pride, confidence, and empathy. \$116



## HONORING OUR DIVERSITY

12 SESSIONS, Ages 11-18. Recognizes girls' varied cultural, ethnic, and racial backgrounds while emphasizing positive identity and alliance building. Includes a journal. \$168



## WISE & WELL

8 SESSIONS, Ages 12-18. Addresses current challenges such as cyberbullying, social media, binge drinking, marijuana use, mental health, and more. Inspires eyes wide open and minds sharp and aware. \$116



## LA MARIPOSA FOR ADOLESCENT LATINAS

12 SESSIONS, Ages 12-18. Supports the positive life development of Latina girls and introduces life skills for empowerment and excellence via culturally responsive discussions and activities. \$199



## MOTHER-DAUGHTER CIRCLE

8 SESSIONS, Ages 11+. Mothers or Female Caregivers join their daughters to strengthen their bonds through shared listening, creative expression, and skill building. \$168



## THE GIRLS CIRCLE COMPLETE SET

Rich with skill-building themes that promote critical thinking in girls' lives. Includes 12 Activity Guides, the Facilitator

Manual and the Evaluation Tool Kit. *Does not include "La Mariposa" and "Mind, Body, Spirit for Latinas."* Priced at \$1,635 (10% Off.)

**GIRLS CIRCLE FACILITATOR MANUAL** Learn the guiding principles, theoretical framework, and foundational structure of the Girls Circle program. \$104

**GIRLS CIRCLE EVALUATION TOOL KIT** Developed specifically for Girls Circle and contains all you need to measure outcomes of your program. \$83