

IMPLEMENT AN EVIDENCE-BASED PROGRAM FOR GIRLS

GIRLS CIRCLE FACILITATOR TRAINING

MAY 3-4, 2018 CEDAR RAPIDS, IA



Promoting Strengths and Resiliency in Girls and Young Women. The Girls Circle® model is designed in the evidence-based principles of motivational interviewing and strengths based approaches, is trauma responsive, culturally responsive, gender transformative, and utilizes restorative practices.

GIRLS CIRCLE® IS THE FIRST PROGRAM IN THE NATION PROVEN TO REDUCE DELINQUENCY FOR GIRLS, NOW LISTED ON SAMHSA'S NATIONAL REGISTRY FOR EVIDENCE-BASED PROGRAMS AND PRACTICES.

A Workshop for Adults Across All Sectors including Education, Community Based Programs, Juvenile Justice, Mental and Behavioral Health, Child Welfare, Substance Abuse and Gang Prevention Programs, Faith Based Settings, and more

Training Outline: Day One: Theoretical Framework, The Six Step Circle Format, Creating Trust, Bonding & Cohesion, Handling Challenging Group Dynamics. Day Two: Primary Role of the Facilitator, Research, Effective Facilitation Skills, Enhancing Critical Thinking and Healthy Decision Making

Credits Offered: 13 CE Hrs. Approved provider by NASW; OH-CSWMFT Board; CA-STC for Corrections, CAADAC counselors; Approved provider by CAMFT, Provider #132313. This course qualifies for 13 CE hours for LMFT's, LCSW's, LPCC's, and LEP's by the CA BBS; 1 College Credit. One Circle Foundation maintains responsibility for this program/course and its content.

Ask about our free Grant Writer's Template to help you secure funding for these highly effective programs.

LOCATION: Linn County Juvenile Detention and Diversion Services
800 Walford Rd.
Cedar Rapids, IA 52404

TIME: 8am*- 4:30pm, both days

HOSTED BY: Linn County Juvenile Detention and Diversion Services

COST: \$360 by April 5th, \$410 after April 5th

**Registration begins at 8am, training starts at 8:30am.*

Registration includes Facilitator Manual and continental breakfast. Attendance required on both days and a certificate is awarded upon completion on the last day of training. Attendees will receive a coupon at the training for 15% off curricula, valid for 30 days beginning on Day Two. Not redeemable with previous purchases. Scholarship application available on the training page at OneCircleFoundation.org.

For the course outline and complete list of educational objectives, visit:

www.onecirclefoundation.org/docs/CO_GCFT.pdf.

(Credits are not offered for the lunch hour on both days.) For information on our instructors, visit onecirclefoundation.org/trainers.aspx.

For full training policies, accreditation, and accommodations for special needs visit our website:

www.onecirclefoundation.org. For addressing grievances, please write info@onecirclefoundation.org.

REGISTER AT WWW.ONECIRCLEFOUNDATION.ORG OR CALL (415) 419-5119



One Circle Foundation is a San Francisco Bay Area nonprofit organization which promotes resiliency and healthy development in youth, adults, and communities. We train, consult, and equip service providers across all youth sectors locally and internationally with research-based circle program models, best practice approaches, and manual-guided curricula. Girls Circle®, The Council for Boys and Young Men®, and Women's Circle® integrate evidence-based practices with cross-cultural traditions and caring relationships.

Read more on our Models & Research at www.OneCircleFoundation.org.

TRAINING DATE _____ LOCATION _____

TRAINING MODEL (GIRLS CIRCLE / THE COUNCIL / ADVANCED) _____

NAME _____ TITLE _____

ORGANIZATION _____

TYPE OF PROGRAM (i.e. SCHOOL, JUVENILE JUSTICE, etc.) _____

ADDRESS _____

CITY _____ STATE/PROV. _____ ZIP/PC _____ COUNTRY _____

DAYTIME PHONE _____ CELL PHONE _____

EMAIL _____

HOW DID YOU HEAR ABOUT US? _____

REGISTRATION FEES – ATTENDANCE REQUIRED BOTH DAYS	QUANTITY	TOTAL
\$360 per Participant 30 days prior to training, \$410 within 30 days of training date.		
CURRICULA ORDERING (Optional, See Next Page for Information)		
1.		
2.		
3.		
(Tax only applies to curricula shipped to California. Rate: 8.5%) TAX:		
(The cost of shipping curricula varies, call for rates. Ships within 48 hours of receiving payment or purchase order.) SHIPPING:		
GRAND TOTAL:		

PAYMENT METHOD: Check# _____ P.O.# _____ Credit Card Type (all accepted) _____

CREDIT CARD# _____ - _____ - _____ **EXP:** ____/____ **CVS#:** _____

BILLING ADDRESS (if different): _____

SIGNATURE: X _____

SEND REGISTRATION FORM AND FEES PAYABLE TO:

ONE CIRCLE FOUNDATION | 734 A STREET, SAN RAFAEL, CA 94901

FAX: **(415) 448-5459** | EMAIL: **INFO@ONECIRCLEFOUNDATION.ORG** | CALL: **(415) 419-5119**

PURCHASE ORDER MUST BE SENT WITH REGISTRATION FORM. Registration and payment must be received by two weeks before the training. A \$50 administrative fee will be charged for cancellations within two weeks of training. No refunds within one week of the training. For more information visit www.OneCircleFoundation.org.



GIRLS CIRCLE CURRICULA

These curriculum provide facilitators with everything they need to run a strengths-based program for girls and create a safe space to address risky behaviors, build on protective factors, and improve relationships. The user-friendly guides contain step-by-step instructions on leading discussions, teambuilding, and creative activities. Simply gather your materials and begin. Easily adaptable to your own unique setting. www.OneCircleFoundation.org | (415) 419-5119 | Fax: (415) 448-5459



BODY IMAGE

8 SESSIONS, Ages 12+. Examines cultural messages and personal beliefs that influence body image. Raises awareness, and explores underlying causes of poor body image. \$116



MY FAMILY, MY SELF

8 SESSIONS, Ages 12-18. Examines development within a family and offers the chance to acknowledge the many gifts and challenges of growing up within the family unit. \$116



MIND, BODY, SPIRIT

12 SESSIONS, Ages 12-16. Promotes resistance skills to high-risk behaviors by addressing drug use and healthy sexuality. \$168
MENTE, CUERPO Y ESPÍRITU GUIA PARA LATINAS - In English & Spanish! \$200



WHO I AM

8 SESSIONS, Ages 14-18. Examines identity, assertiveness, and goal setting through role-play, mandala making, music, and more. Very well received by high school girls. \$116



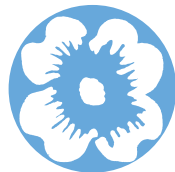
RELATIONSHIPS WITH PEERS

10 SESSIONS, Ages 13-18. Enhances awareness of relationships. Themes include "Expressing Myself," "Romantic Relationships," & "Girlfights or Girlfriends." \$147



EXPRESSING MY INDIVIDUALITY

8 SESSIONS, Ages 11-15. Celebrates individuality, diversity, getting along with others, and addresses goals, conflict styles, individual wellness, and taking time to relax. \$116



BEING A GIRL

8 SESSIONS, Ages 11-13. Introduces the positive experience of a support circle addressing topics such as "Growing Up Female," "Growth and Self-Care," & "Female Role Models." Great for middle-school girls. \$116



PATHS TO THE FUTURE

12 SESSIONS, Ages 12+. For at-risk or court-involved girls. Examines beliefs and actions about trust, authority figures, sexuality, dating violence, HIV, drug abuse, stress and goal-setting. \$168



FRIENDSHIP

8 SESSIONS, Ages 9-14. Groundbreaking guide that shores girls up with strong interpersonal skills, addresses exclusion and feuding and knocks down barriers to pride, confidence, and empathy. \$116



HONORING OUR DIVERSITY

12 SESSIONS, Ages 11-18. Recognizes girls' varied cultural, ethnic, and racial backgrounds while emphasizing positive identity and alliance building. Includes a journal. \$168



WISE & WELL

8 SESSIONS, Ages 12-18. Addresses current challenges such as cyberbullying, social media, binge drinking, marijuana use, mental health, and more. Inspires eyes wide open and minds sharp and aware. \$116



LA MARIPOSA FOR ADOLESCENT LATINAS

12 SESSIONS, Ages 12-18. Supports the positive life development of Latina girls and introduces life skills for empowerment and excellence via culturally responsive discussions and activities. \$199



MOTHER-DAUGHTER CIRCLE

8 SESSIONS, Ages 11+. Mothers or Female Caregivers join their daughters to strengthen their bonds through shared listening, creative expression, and skill building. \$168



THE GIRLS CIRCLE COMPLETE SET

Rich with skill-building themes that promote critical thinking in all areas of girls' lives. Includes 12 Activity Guides,

the Facilitator Manual and the Evaluation Tool Kit. *Does not include La Mariposa and Mother-Daughter Circle.* A Value of \$1,818 – Priced at \$1,635 (10% Off.)

GIRLS CIRCLE FACILITATOR MANUAL Learn the guiding principles, theoretical framework, and foundational structure of the Girls Circle program. \$104

GIRLS CIRCLE EVALUATION TOOL KIT Developed specifically for Girls Circle and contains all you need to measure outcomes of your program. \$83