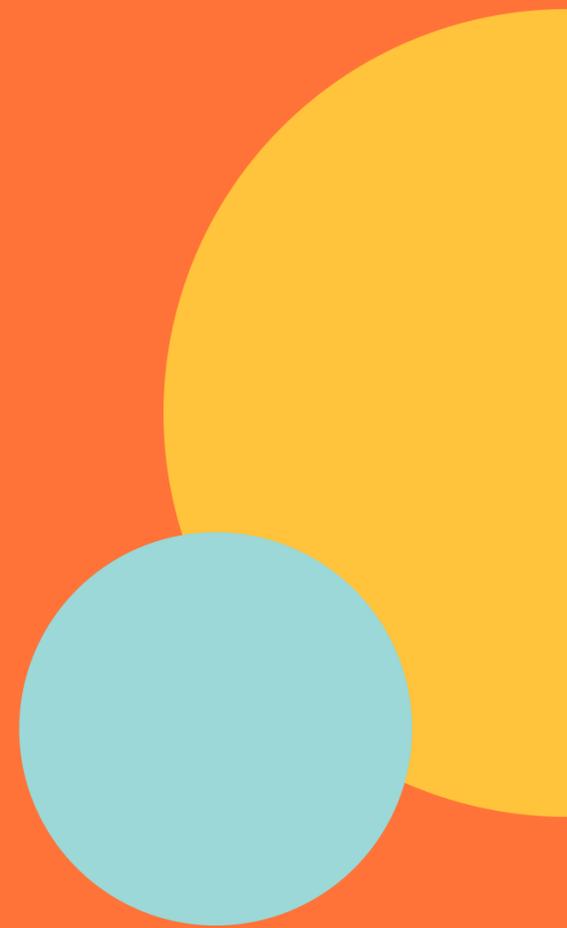


Tips for Online Facilitation

Created by

ONE CIRCLE
FOUNDATION

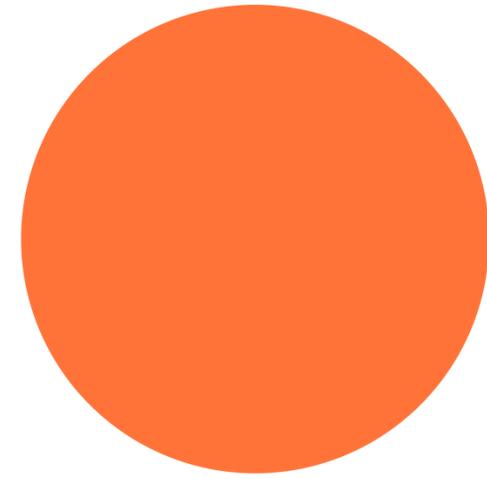
We are all connected.

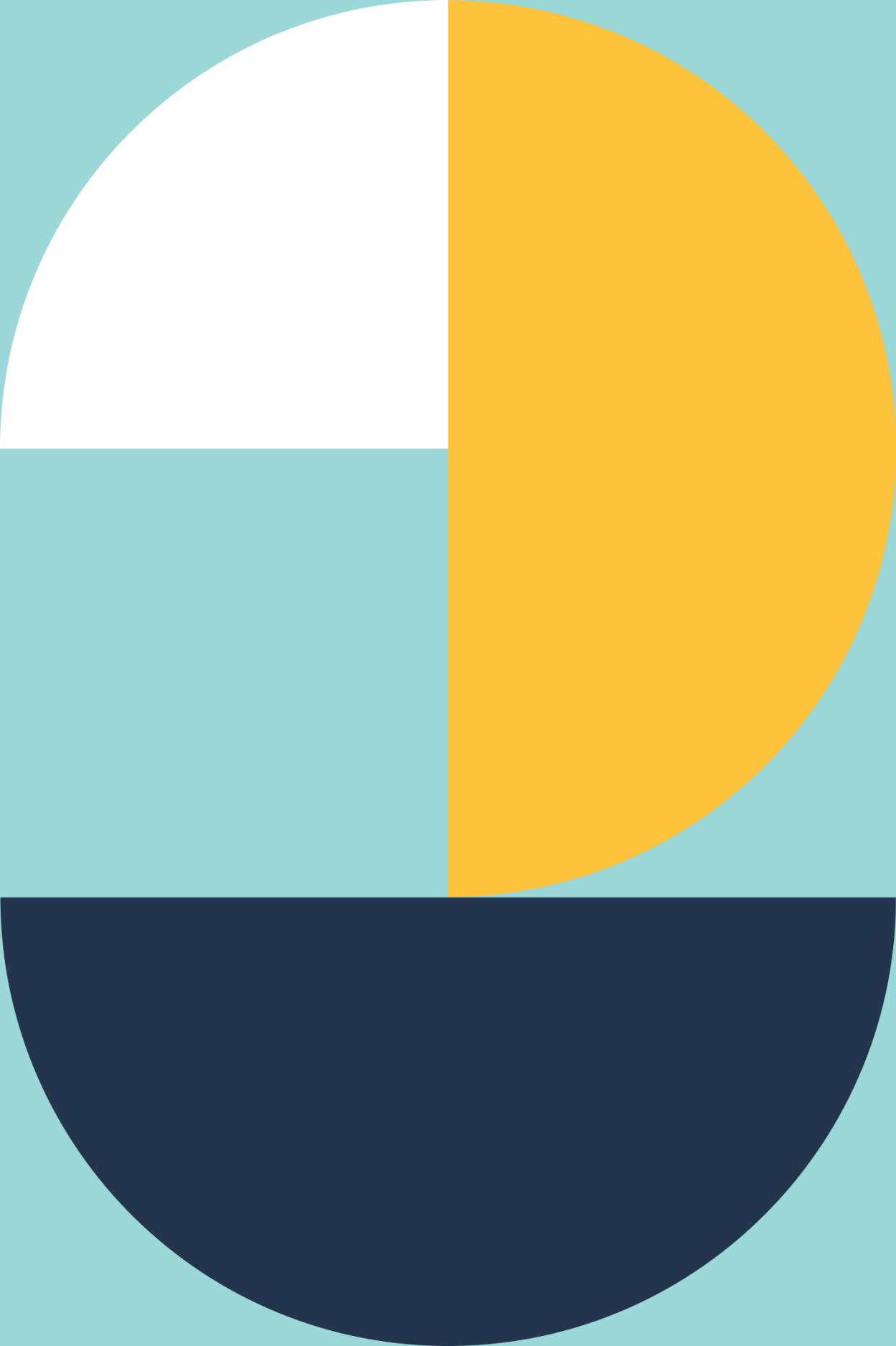


CONNECTION IS KEY

**Youth need meaningful connection
now more than ever**

Girls Circle® and The Council for Boys and Young Men® provide the ability to build meaningful relationships - even online! The Circle / Council that you facilitate isn't just "another zoom" but a place to truly be seen and heard. Many kids are isolating and this format still works to stay connected, make new friends and engage with a group of peers and an adult in healthy ways.





MUSIC MATTERS!

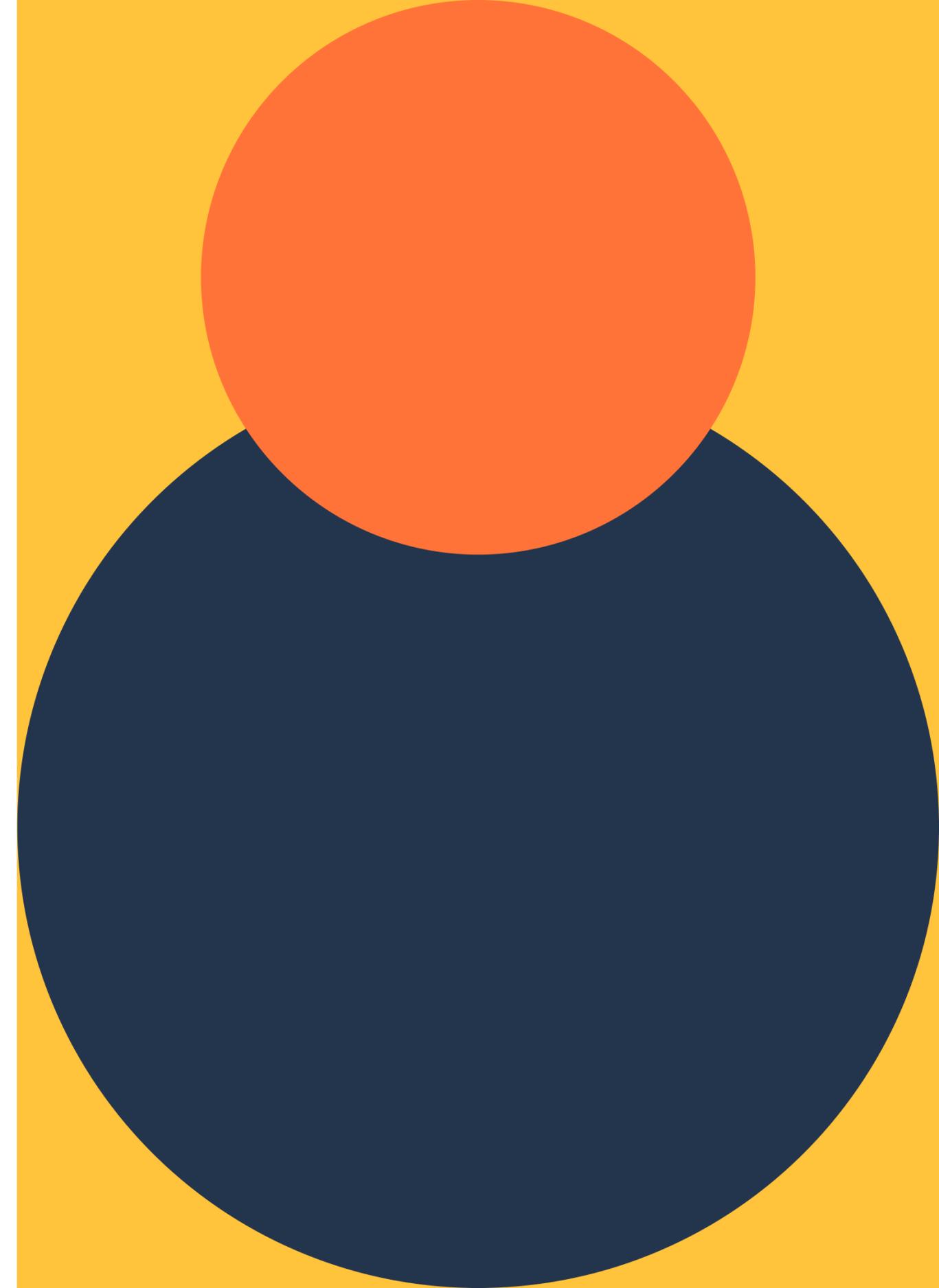
Having music playing as the participants enter the online room, during group activities when applicable, and as everyone is signing off can vastly increase fun and relax the participants.

Make playlists of your favorite songs for getting pumped up and for relaxing. Feature some favorite and meaningful lyrics and have them at the ready while facilitating your Circle / Council. You'll raise the vibration of the online environment through tunes. Try it!

GOING THE EXTRA MILE

Supplying the Supplies

We learned from one organization that before their online Girls Circle® or Boys Council® program started, they dropped off a large envelope to each participant's home. Inside were 10 smaller envelopes, one for each weekly session with the needed handouts and activity art supplies. This gave more flexibility to the Facilitators in the range of activities that they could do. It may not be feasible for all organizations to do this, but we can all be creative, really show up for the youth we serve and go the extra mile where we can!



SEIZE THIS MOMENT

Show how this time of online connection is special by doing some activities that can **ONLY** be done in an online setting

Scavenger Hunt

One organization shared how they made a list of common items that would be in a participant's home (spoon, toothbrush, white sock, etc.) and shared it in the chat. Then put on a timer and whoever came back to the screen with the most items won. Fun!

Show & Tell

Offer a meaningful show & tell activity where each participant finds an item in their home that has special personal meaning to them and then shares it with the group along with the story of its importance.

Get Creative & Develop Other Activities Which Work Only Online!



One On One

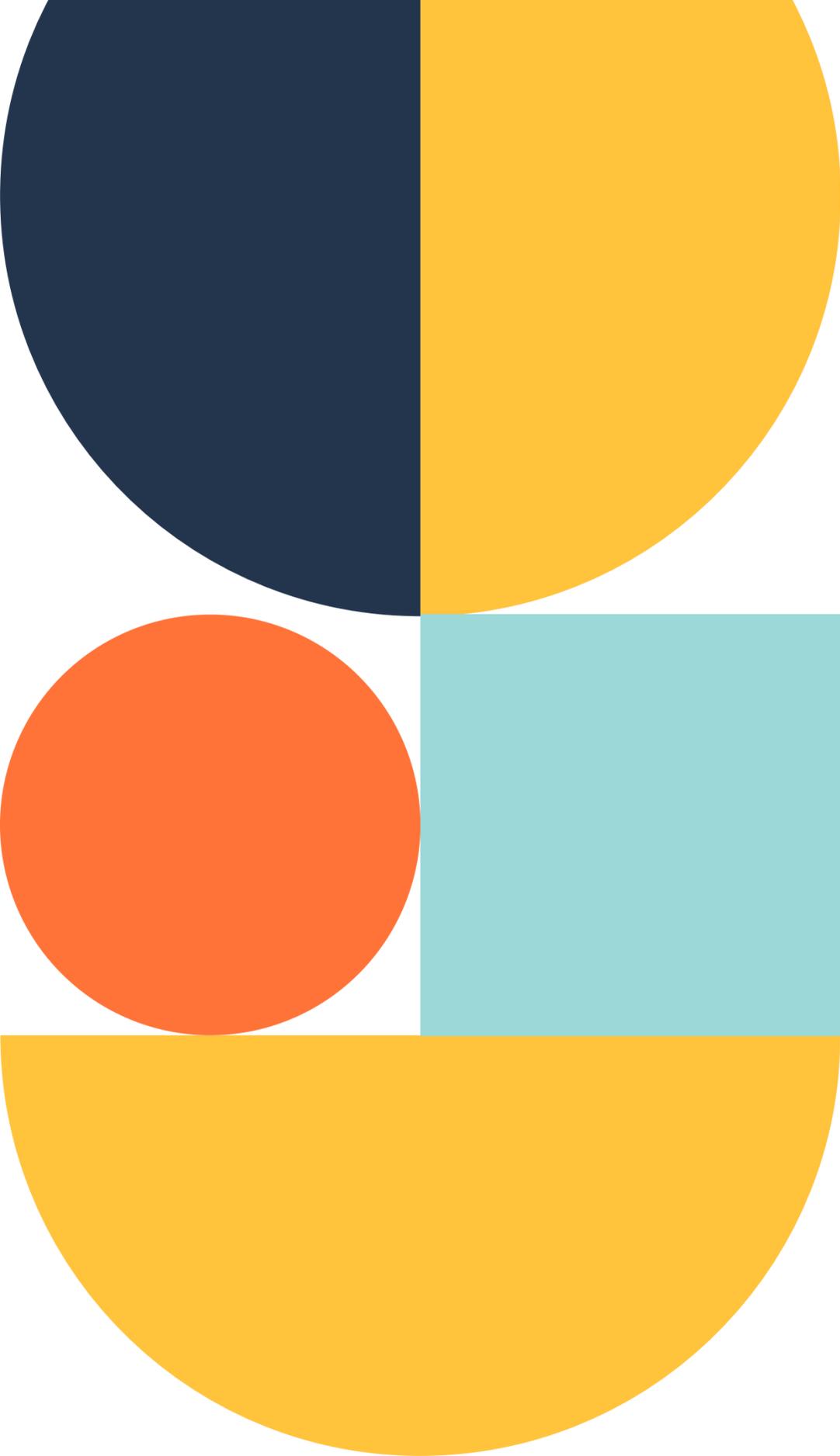
Heighten The Connection Experience

If the online platform which you're using offers Breakout Rooms, integrate pair shares in 2-3 minute segments during an activity. When participants talk one-on-one, they get more acquainted and feel even more "seen".



PLAY
PLAY
PLAY

While honest sharing and listening are key to Circle / Council connection, levity and silliness also help groups to bond and keep them wanting to come back. Integrate fun games, warm-up activities and opportunities for group play.



Utilize **FREE** Resources

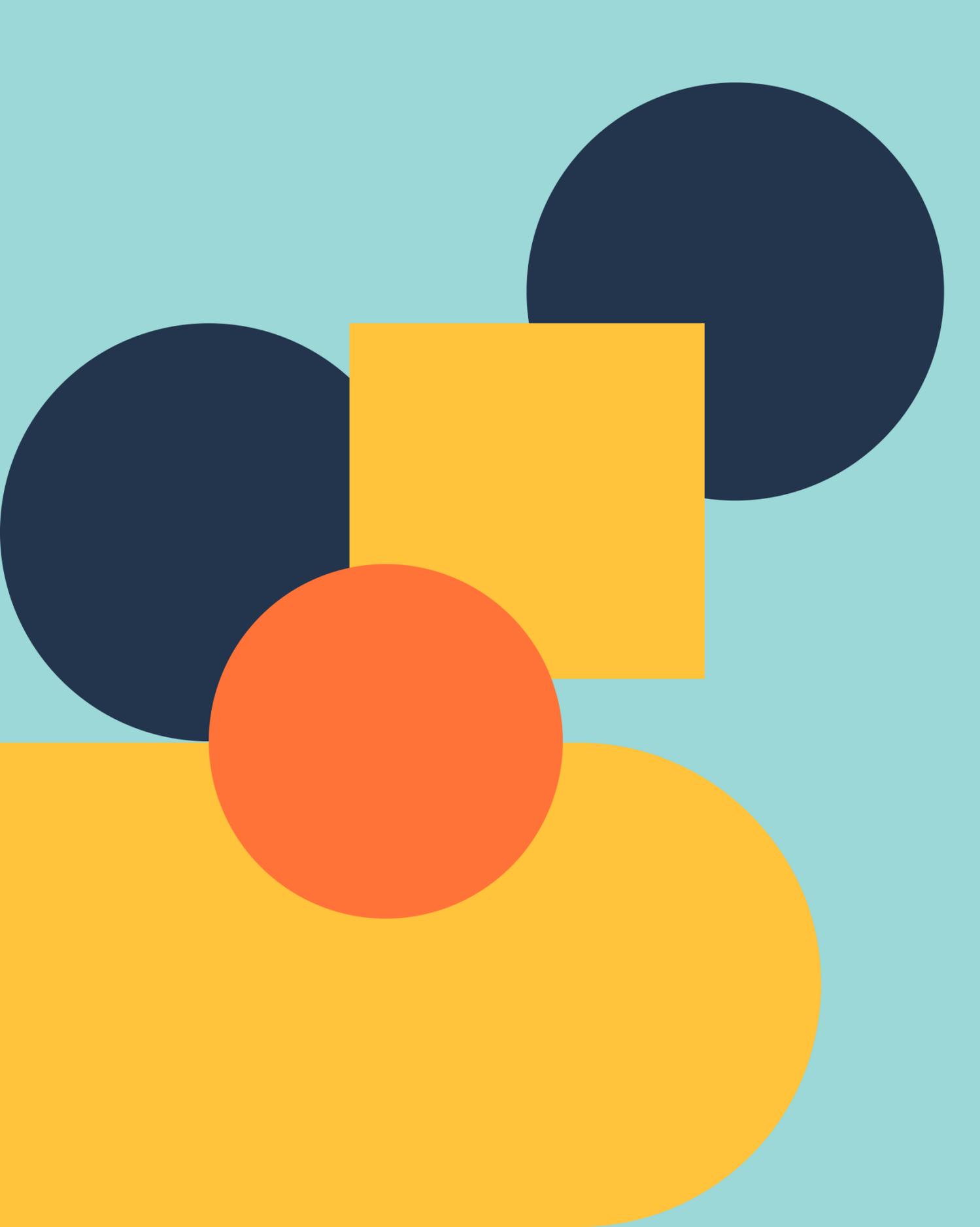
From One Circle Foundation

One Circle Foundation has adapted many in-person activities to work in an online setting for Girls Circle® and Boys Council® sessions. They are all available to download for free at

<https://onecirclefoundation.org/VS-activities.aspx>

... and Beyond

Search “online warm up group activities” and you will find there are many free resources out there to integrate into your online Circle / Council groups.



Join The Party

We are ALL connected

Facilitators can get in on the meaningful Circle connections online by utilizing these tips and tools in your online work settings, in staff meetings and with coworkers.

People who are in leadership roles can use the online adapted warm up activities for staff meetings. If there are more than 3 facilitators where you work, you can create an online facilitator support group in the Girls Circle® or Boys Council® model format to share about your experiences facilitating and to experience the model as a participant.



Extra Tips Just For Zoom

Gallery View

We suggest using Gallery View (not Speaker View) and recommending that everyone use it as well so that all can see one another just as if in a room together. This helps maintain a safe space and shared awareness of all attendees.

Breakout Rooms

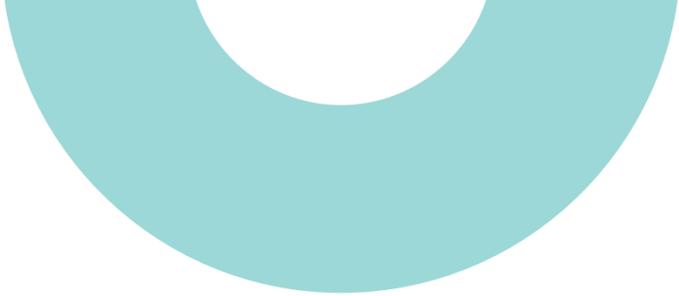
Many activities ask for attendees to be in pairs or small groups before they come back to the circle to share. You can use "Breakout Rooms" to still keep this option going online.

Chat

You can use the chat as an alternative response method when asking a question of the whole group. It can lessen vulnerability to type instead of speaking when getting started AND it provides a quiet way for a youth to share when others in their households are within close proximity.

White Boards

To replace poster paper or a flip chart in an activity, use the "White Board". You can write on it alone as the facilitator or provide access to all attendees to write on it as well.



What Is Working For You?

Share with us your online activity adaptations, successes, and new ideas for using an online platform to keep the Girls Circles and Boys Councils going strong.

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www.onecirclefoundation.org

We Are All Connected

